



Holiday Hours

Dec 24 – No Classes

Store will open for last minute gifts and gift cards
and massage appointments will be available.

Dec 25 –Merry Christmas! (Closed)

Dec 26 – (Closed)

(2 yoga classes available)

9:30am Heated Vinyasa with Cathy

5:45pm Heated Prana Flow® with Coral

Dec 27 - Dec 31 - Regular Class Schedule

Dec 31 (open)

7pm-10:30pm New Years Eve Party!

Jan 1, 2012 – Happy New Year! (Closed)

1pm New Years Day Flow with Coral